



NEUSE NEIGHBORS NEWS



Spring

SPRING 2024

Helping Our Members Age in Place

LETTER FROM THE PRESIDENT

Since I stepped into the role of NNN President, one thing never ceases to impress me. That is the enormous value of the services rendered by our volunteers. To continue to meet your expectations, we need more of you to join our team.

**If you've benefited from one of our
volunteer services**

PLEASE JOIN US

**If you can imagine a time in the
future when you may need a little
help**

PLEASE JOIN US

**If you want to maintain a thriving
community that attracts newcomers**

PLEASE JOIN US

**If you want to meet new people and
strengthen your involvement**

PLEASE JOIN US

**If you want to volunteer without
being tied to a specific schedule or
designated tasks**

PLEASE JOIN US

From helping with our mailings to
stepping into one of our open board
positions, I'd love to hear from you!

David Tikkala, President

neuseneighbors@gmail.com or visit
neuseneighbors.org



COMMUNITY PARTNERS

For long-time residents of Pamlico County, Prime Time is well-known for the many services it has long provided to our community. For those who are new to our area, a little background might be helpful! When NNN's founders began to research the formation of an organization dedicated to helping seniors "age in place", they reached out to Prime Time's officers to determine the best way to forge a partnership that would enhance, rather than duplicate, the services of each. While NNN helps residents "age in place" by offering services such as transportation, household tasks, technical support and one-on-one social support, Prime Time provides ongoing health and wellness programs, social activities to promote community engagement, as well as physical, mental and spiritual well-being. Prime Time regularly hosts a variety of events - from game days, balance training, cooking classes, Lunch 'n Learn seminars, knitting circles, breakfast groups, book clubs, occasional trips to local attractions and so much more! By continuing to work closely together, Prime Time and NNN have created a partnership that strengthens the fabric of our community and enhances the quality of life for our neighbors.

**For more information go to www.primetimepamlico.org or
call Debora Steenson at 252-675-0909**

VOLUNTEER CONNECTIONS



MEET YOUR NEW BOARD MEMBER **Debra Dammeyer - Volunteer Team Leader**

Neuse Neighbors Network recently welcomed Debra Dammeyer to its Board of Directors. Debra is more than well qualified to step into the role of Volunteer Team Leader for NNN. While working toward her degree in Health Care Management and Computer Applications at St. Mary's University in Minneapolis, Debra worked as a home health aid at Abbot NW Hospital. Upon graduating, Debra spent 10 years managing business offices at Southdale OB/GYN and Vitreo Retinal Surgery, both in Edina, MN.

Later in her career, Debra spent 21 years as administrator and paralegal for the Dammeyer Law Firm, where the focus was on probate and senior law. Meanwhile, Debra and her husband Eric indulged their love of sailing. After visiting Oriental aboard Selah, their Hunter 38, in 2010, they rented a boat slip and began traveling back and forth every Spring and Fall from their home in Minnesota. In 2013, they decided to make the move permanent. Both Debra and Eric became deeply involved in their adopted community. Eric served on the town planning board and was a town commissioner. Both are pastors at the non-denominational Motion Church. "We know a lot of people", Debra says, "but we want to get to know more."

It is her personal experience, however, that ultimately influenced Debra's decision to join NNN. "When I needed a knee replacement, and later, when Eric had bypass surgery, we received a lot of help from our neighbors. 'What if you don't have a spouse or other help? I thought, maybe I could help now, before we need it.'" Serious health issues also plagued Debra's parents as they aged, and the memory of caring for them stays with her. "I understand the obstacles of declining age," she says. "I understand the love and compassion that's needed to support our community. Neuse Neighbors Network offers people dignity."

Please join us in welcoming Debra to Neuse Neighbors Network!